


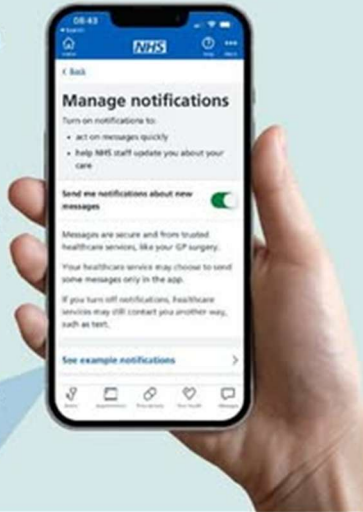
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|---|---|--|
| <p> <b>Dr. Carolyn Prior</b><br/> <b>Dr. Pandu Balaji</b><br/> <b>Dr. Emanuel Hacıaturian</b><br/> <b>Dr. Haroon Mufti</b><br/> <b>Dr. Anna Draper</b><br/> <b>Dr. Tom Nicholson</b> </p>   | <p><b>WOODLANDS PRIMARY CARE</b></p>   | <p> <b>Patient Newsletter No.71</b><br/><br/> <b>Dated: October &amp; November 2025</b><br/><br/> <a href="http://www.woodlandssurgerysidcup.nhs.uk">www.woodlandssurgerysidcup.nhs.uk</a><br/><br/> <b>Our website will give you all the latest surgery news and information.</b> </p>  |
| <p><b><u>WOODLANDS SURGERY IS NOW A TOTAL TRIAGE PRACTICE</u></b></p> <p>Total Triage is a system that triages patients based on their needs and allocates them to the most suitable care option. Patients will be required to complete an online consultation form if you would like to book an appointment with the Doctor, Nurse Practitioner or other surgery Clinicians.</p> <p>Our reception team will assist with completion of an online consultation form by phone or at the desk, for those who may not have easy access to a computer or smartphone. Practice Nurse appointments can still be booked on the phone.</p> <p>It ensures that every patient contacting the surgery first provides information about their reasons for contact and is triaged before an appointment is made.</p> <p>Please visit <a href="http://woodlandssurgerysidcup.nhs.uk/total-triage">woodlandssurgerysidcup.nhs.uk/total-triage</a> for more information.</p> <p><b><u>FLU VACCINATIONS</u></b></p> <p>Eligible patients will be offered a flu vaccine in autumn or winter 2025. The flu vaccine is recommended for people at higher risk of getting seriously ill from flu. You can get the free NHS flu vaccine if:</p> <ul style="list-style-type: none"> <li>• are aged 65 or over</li> <li>• have certain long-term health conditions</li> <li>• are pregnant</li> <li>• live in a care home</li> <li>• are the main carer for an older or disabled person, or receive a carer's allowance</li> <li>• live with someone who has a weakened immune system</li> </ul> <p>Please visit <a href="http://nhs.uk/vaccinations/flu-vaccine">nhs.uk/vaccinations/flu-vaccine</a> for more information.</p> <p><b><u>COVID VACCINATIONS</u></b></p> <p>Eligible patients will be offered a booster of the coronavirus (COVID-19) vaccine in autumn or winter 2025. You may be offered a COVID-19 vaccine if you:</p> <ul style="list-style-type: none"> <li>• are aged 75 or over</li> <li>• are aged 6 months to 74 years and have a weakened immune system because of a health condition or treatment</li> <li>• live in a care home for older adults</li> </ul> <p>Please visit <a href="http://nhs.uk/vaccinations/covid-19-vaccine/">nhs.uk/vaccinations/covid-19-vaccine/</a> for more information.</p> | <p><b><u>NHS APP</u></b></p> <p>The NHS App gives you a simple and secure way to access a range of NHS services. Download the NHS App on your smartphone or tablet via your app store.</p> <p>With full access, you can:</p> <ul style="list-style-type: none"> <li>• order repeat prescriptions and nominate a pharmacy where you would like to collect them</li> <li>• view your GP health record to see information like your allergies, medicines and test results</li> <li>• contact the GP surgery using an online form</li> <li>• book and manage COVID-19 vaccinations</li> <li>• register your organ donation decision</li> <li>• choose how the NHS uses your data</li> </ul> <p>Please visit <a href="http://nhs.uk/nhs-app">nhs.uk/nhs-app</a> for more information.</p> <p><b><u>TURN ON NHS APP NOTIFICATIONS</u></b></p> <p>If you are using the NHS App, you can turn on notifications; the app uses notifications to tell you when you have a new message.</p> <p>NHS App notification preferences are now managed in your device settings. They can be turned on by following these steps:</p> <ul style="list-style-type: none"> <li>• Log in to the NHS App</li> <li>• Select the Account icon in the top corner</li> <li>• Select Settings</li> <li>• Select Manage Notifications</li> <li>• Follow the link to your device settings</li> </ul> <p>Turning your notifications on or off may take up to 24 hours to take effect.</p> <p>Please visit <a href="http://nhs.uk/nhs-app">nhs.uk/nhs-app</a> for more information.</p> <p><b><u>DENTAL TREATMENT IS NOT AVAILABLE IN SURGERY</u></b></p> <p>We cannot provide dental treatment at the surgery. You can find a local dentist by visiting the NHS website.</p> <p>If you need to see a dentist out of hours, you can;</p> <ul style="list-style-type: none"> <li>• call a dentist: their voicemail may advise where to get out-of-hours treatment</li> <li>• call NHS 111 to find an out-of-hours dental service near you</li> </ul> | <p><b><u>YOUR GENERAL PRACTICE TEAM</u></b></p> <p>There are a range of health professionals who work together within the surgery, to help you get the right care when you need it. In addition to GPs, our team includes:</p> <ul style="list-style-type: none"> <li>• nurses</li> <li>• specialist MSK physiotherapist</li> <li>• clinical pharmacists</li> <li>• mental health practitioner</li> <li>• social prescribing link worker</li> <li>• care co-ordinators</li> </ul> <p>Our receptionists are trained to discuss your medical concern thoroughly and confidentially, so you can be seen by the right health professional for your situation. Please contact the surgery if you would like to book an appointment.</p> <p><b><u>CERVICAL SCREENING RESULTS</u></b></p> <p>Cervical screening results are now being sent via the NHS App. Please make sure you have your notifications turned on.</p> <p>Alternatively, you may also receive a letter with your results if the NHS cannot contact you online.</p> <p>To check if you have notifications turned on, please visit <a href="http://nhs.uk/nhs-app">nhs.uk/nhs-app</a>.</p> <p><b><u>WEIGHT LOSS INJECTIONS</u></b></p> <p>Please note that the surgery cannot provide weight loss injections privately to patients. We are currently only able to issue the injection to eligible diabetic patients. Please speak to our Nursing team for more information.</p> <p><b><u>FREE NHS-WIFI IN SURGERY</u></b></p> <p>If you are waiting for an appointment, you can use our free NHS Wi-Fi whilst in the waiting room. Simply search for NHS-WIFI on your phone or tablet to connect.</p> <p><b><u>HOSPITAL RESULTS</u></b></p> <p>Please note that regarding tests requested by hospitals or other clinics, they will receive your results, as results are returned to the requester.</p> <p>Patients will receive a letter or follow up in due course. The surgery will also be informed of the results later. Please contact the requestor if you need to check the status of your results.</p> |

# Receive messages from your GP in the NHS App



✓ Communication you can  
trust, stored securely

🔔 Turn on your  
notifications in Account  
and settings to set up



NHS Screening

now

You have a new message

**If your cervical  
screening test result  
is normal, this will be  
sent through the app**